

Struggling with sadness?



Marijuana or Alcohol
use getting in the way?

~ Are you 13-19 years of age?

~ Do you struggle with marijuana
and/or alcohol abuse and depression?

~ Do you want to get help?

If you are a teenager who is
struggling with marijuana or alcohol
abuse and depression and would like
to learn more about the ATOM

Programs

T-TAAD Study at

UConn Health, please call

Rebecca @ (860) 679-8478

burke@uchc.edu

or

Marcia @ (860) 679-3341

lawlor@uchc.edu

ALL CALLS AND E-MAILS ARE CONFIDENTIAL.

UConn Health is conducting research
looking at the best ways to use talk therapy for
teenagers with marijuana and/or alcohol abuse and
depression. No Medication is provided.

All teenagers will receive an evidence-based, standard
treatment for marijuana and/or alcohol use for 12 weeks.
After 4 weeks of treatment, the teenager's depression will
be re-evaluated. If the depression is much improved,
the teenager will continue in the treatment for
marijuana and/or alcohol use disorder.

If the depression has not improved, the teenager will
receive additional treatment from the same therapist for
depression or will be referred to receive treatment in
the community.

The teenager will be assessed several times throughout
and following the 12-week treatment.

TO RECEIVE MORE INFORMATION OR IF YOU WISH
TO ENROLL IN THE RESEARCH STUDY, PLEASE CALL

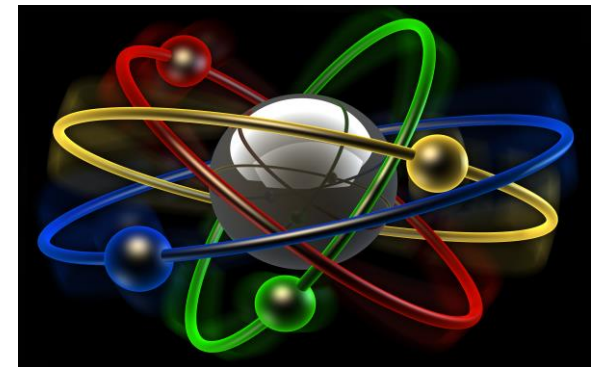
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**UConn
HEALTH**

This research study is funded by the National
Institute on Alcohol Abuse and Alcoholism
(NIAAA) and directed by Dr. Yifrah Kaminer.
To contact Dr. Kaminer,
call (860) 679-4344. IRB # 14-185-3

Teens, Are you struggling with depression and marijuana/alcohol use?



**ATOM Programs
new T-TAAD Study
may be able to help!**

The ATOM Studies @ UConn Health

Helping teenagers struggling with
substance abuse for over 15 years!



WHAT IS INVOLVED?

Study eligibility will be determined in an initial telephone screener.



If eligible, the teenager and parent will complete an Intake Assessment with members of the research team.



Teenager will attend 12 individual weekly therapy sessions to address marijuana/alcohol use.



After 4 weeks of treatment, the teenager will be re-evaluated. If the depression is much improved the teenager will continue in the treatment for marijuana/alcohol abuse.



If the depression has not improved, the teenager will receive additional treatment for depression.



Those teenagers receiving additional treatment for depression will have a 50/50 chance of receiving either 7 weekly sessions for depression from the same therapist at UCONN Health or referral to treatment in the community.



Teenagers and their parent will be asked to complete an interview and questionnaires at Weeks 4, 9 and 14 of treatment and at 3, 6 and 9 months following treatment completion.



Teenagers will be asked to provide a urine sample at the beginning of each therapy and interview session.

Do these words describe you?

- Sad and Depressed
- Unmotivated and Low Energy
- Poor Concentration



Does this describe your marijuana or alcohol use?

- Use marijuana or alcohol in unsafe situations?
- Continue to smoke or drink even though it's caused conflicts with others?
- Smoke or drink more in quantity or frequency than you used to?

WHO MAY BE ELIGIBLE?

- ✓ Teenagers between 13 and 19 years of age.
- ✓ Teenagers who struggle with marijuana or alcohol abuse and depression.
- ✓ Teenagers who are willing to receive, at minimum 12 sessions of treatment to address their marijuana or alcohol abuse.

WHAT ARE THE COSTS TO ME FOR PARTICIPATING?

- ✓ There is no cost to you for participation in the 12 weekly treatment sessions for alcohol abuse.
- ✓ If it's determined that the teenager should receive additional treatment for depression symptoms, there is a 50/50 chance that he/she will receive sessions from the same therapist at UCONN Health at no cost.
- ✓ There is also a 50/50 chance that the teenager will be referred to receive the additional treatment in the community, based on your health insurance.
- ✓ Transportation may also be provided to sessions at UCONN Health at no cost, to those who qualify.

WILL I BE COMPENSATED?

- ✓ Teens may be compensated up to **\$175** in gift cards for full participation in the study.
- ✓ Parents may be compensated up to **\$140** in gift certificates for full participation in the study.
- ✓ Teens will receive a **\$25** gift card and parents a **\$20** gift card at the completion of each interview assessment;
 - ~ Intake ~ Week 4 ~ Week 9 ~
 - And Week 14 of treatment ~
 - 3 Month ~ 6 Month ~ and 9 Month Follow-Up.